



## Why sunglasses for kids are not just a fashion accessory..?

Sure we all know about the importance of suncream on a sunny day, but what about the eyes? A child's eyes do not fully develop a natural lens protection until the age of 12, leaving them up to 10x more sensitive to the sun's UV rays than the skin.

Almost a quarter of parents admit they could be doing more to protect their kids eyes from UV-only 32% prioritise packing sunglasses on a sunny day out.

Here's how you can make sure that your child's eyes are protected in the hot, sunny weather:


**Never look at the sun** - It goes without saying that looking directly at the sun can cause irreversible damage to your eyesight and can even lead to blindness. Make sure your children know the dangers.

**Sunglasses** - When you're shopping for sunglasses, make sure they offer 100% UV protection and carry the CE kite mark. They needn't be expensive, but don't automatically assume all models give the same protection!

**Hats** - Wearing a wide-brimmed hat can further protect your eyes from damage, as well as the delicate skin on the face



## Third Addition

We have actually made it to the third edition!  
So another great reminder that we are closed on Monday 6<sup>th</sup> and 27<sup>th</sup> May. Hopefully by now you will all have had confirmation or offers with regards to your child's next stage in life .... Exciting times ahead!  
Could I kindly ask that you let us know the name of the school that has been offered and a possible leave date.  
Remember to follow us on facebook  for our weekly updates.

## Team Updates

Say hello to Jenna & Dionne who are returning from Maternity leave



**Jenna Cotter** will be returning at the beginning of June.



**Dionne Connor** will be returning early May so watch out for our new football sessions.

## Easter Bunny Comes to Caerleon!



Thank you for entering our Easter Egg & Bonnet competition. Well done to all our winners.

Alice, Leonardo, Harvey, Allyannah, & Griff. Zara won most creative egg design for the staff team.

## Need to know, Need to do!

20<sup>th</sup> May - Infants & Preschool, 21<sup>st</sup> May - Juniors, 23<sup>rd</sup> May Foundation & Babies

**Parents Evening** - So it's nearly time for our first parents evenings...This year will be slightly different than before. We have allocated all parents a ten minute slot, you will find this information on the door of your child's room.

The purpose of the parents evening is to have a ten minute chat looking at your child's development checklist and their lovely keyfiles.

As we all know ten minutes will fly by and we all would love an hour or so...!!! But to ensure that this evening flows may I kindly ask that you help us be as prompt as we all can.

## Learning & Development

(Birth to 3 matters & Foundation Phase is our curriculum guidance)

What an awesome month we've had....

### Life & Kids

#### Quote of the Month...

When my kids act up in public, I like to yell 'Wait till I tell your mum!' and pretend they're not mine

#### Did you know?

A hug or a tickle at the right time can change a child's mood.

**Preschool** - As your toddler is transitioning into a preschooler, there are more fun fine motor activities to try. These are important, as they get the hands and fingers ready for writing. Simple threading activities strengthen fine motor skills.

Threading activities are nice when you are looking for some quiet time. Even our busiest children can calm down and focus as they thread the beads. You can set them up on a tray for the table, or put them in a busy bag for when you are out and about. (Think about waiting at a restaurant or doctor's appointment!)



**Babies**  
-Sensory play is any activity that allows babies to explore

**Babies**  
-For a fun exploration into the world around them



Encourage engaging play both independently & in shared sessions

**Infants**  
- Cardboard boxes are great toys

**Infants**  
-They can be adapted into anything



Stimulate the imagination and creativity.

**Juniors**  
- Using fine motor skills to construct vehicles using sticklebricks.

**Juniors**  
-Being creative & exploring various shapes & colours



A competent learner - Responding to a world creatively

**Foundation Phase** - Children have always been intrigued by sand play. They dig in sand, sift it, build with it, pour it, create patterns and start to form writing skills. They enjoy the feel and smell of it, pretend with it, and explore how it moves. Balke (1997) contends that, "The culture of children is threatened by mass media and overproduction of plastic playthings that are ready-made and demand nothing of the child". Sand, on the other hand, is well-suited to the explorative and imaginative nature of young children.



Don't forget you get a massive 20% off Jump parties.

Weekend parties at Jump - Play, Party and Eat for £83.20\*!

\*Based on 9 children. This includes your 20% exclusive discount as a Caerleon parent.

Includes: Jump fun, 1 hr reserved seating, a themed party room, party host & party activity.  
Call 02920 747300 to find out more.

Valid Until: 31/05/19

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Complimentary FAMILY Pass

10% cafe DISCOUNT

FOR UP TO 2 ADULTS AND 3 CHILDREN

WHEN YOU KNOW THIS ...



YOU DON'T NEED TO DO THIS ...



Daisy First Aid Cardiff & Vale

Saturday 25th May  
@ Caerleon Child Care  
Cardiff 10.15am